

Why is it important to have a
**SMOKE
 FREE
 HOSPITAL?**



Breathing in cigarette smoke is dangerous - there is NO safe level of exposure to cigarette smoke

Around the world 600,000 non-smokers die each year from second hand smoke, a third of which are children

Wythenshawe Hospital has a responsibility to protect all patients, visitors and staff from danger and risks

We are committed to supporting smokers that are trying to stop

Exposing those that are trying to quit smoking to cigarette smoke increases cravings and the chances of relapse

Stopping smoking is the single greatest thing a smoker can do to improve their health and we are committed to supporting everyone that trying to make this change

However, we know that the addiction to tobacco is a very powerful addiction that causes intense cravings and withdrawal symptoms. We are committed to helping any patient, visitor or staff member that wants to stop smoking

Smokers are 4 times more likely to stop with specialist support and medications, both are readily available at this hospital.

Information on how to access Hospital Stop Smoking Service for Staff & Patients.